

DAILY CHORES

- Make beds
- Feed pets
- Load/Run/Empty dishwasher
- Sweep kitchen & entryway
- Clean kitchen sink
- Clear/Wipe kitchen counters
- Plan / Cook dinner
- Wipe out bathroom sinks
- Empty trash
- Do laundry
- Read to children
- Exercise
- Quiet time
- Take vitamins/medication
- Prepare tomorrow's clothing
- _____
- _____
- _____

Today's Menu Plan

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Friday 1

- Clean dishwasher door
- Dust dining/breakfast room(s)
- Change a/c or furnace filter
- Sweep porch
- Change sheets - master bedroom
- Go through coupons, dispose of expired ones
- Do a quick tidy/put away in each room of the house
- Spend time on a craft/hobby

APPOINTMENTS

8:00 _____

9:00 _____

10:00 _____

11:00 _____

12:00 _____

1:00 _____

2:00 _____

3:00 _____

4:00 _____

5:00 _____

6:00 _____

7:00 _____

8:00 _____

NOTES

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Saturday 2

- Change dishcloth/towel
- Change hand towels in bathrooms
- Water indoor plants

APPOINTMENTS

8:00 _____

9:00 _____

10:00 _____

11:00 _____

12:00 _____

1:00 _____

2:00 _____

3:00 _____

4:00 _____

5:00 _____

6:00 _____

7:00 _____

8:00 _____

NOTES