

DAILY CHORES

- Genesis 7-9
- Make beds
- Feed pets
- Load/Run/Empty dishwasher
- Sweep kitchen & entryway
- Clean kitchen sink
- Clear/Wipe kitchen counters
- Plan / Cook dinner
- Wipe out bathroom sinks
- Empty trash
- Do laundry
- Read to children
- Exercise
- Quiet time
- Take vitamins/medication
- Prepare tomorrow's clothing
- _____
- _____
- _____

Today's Menu Plan

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Sunday 3

- Cut/sort/file coupons
- Pamper yourself
- Make shopping/errand list

APPOINTMENTS

8:00 _____

9:00 _____

10:00 _____

11:00 _____

12:00 _____

1:00 _____

2:00 _____

3:00 _____

4:00 _____

5:00 _____

6:00 _____

7:00 _____

8:00 _____

NOTES

DAILY CHORES

- Genesis 10-12
- Make beds
- Feed pets
- Load/Run/Empty dishwasher
- Sweep kitchen & entryway
- Clean kitchen sink
- Clear/Wipe kitchen counters
- Plan / Cook dinner
- Wipe out bathroom sinks
- Empty trash
- Do laundry
- Read to children
- Exercise
- Quiet time
- Take vitamins/medication
- Prepare tomorrow's clothing
- _____
- _____
- _____

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Monday 4

- Change dishcloth/towel
- Change hand towels in bathrooms
- Clean middle shelf of refrigerator
- Inventory refrigerator contents and plan meals around leftovers
- Vacuum main/public rooms or 1st floor
- Vacuum furniture in family/living room
- Clean toilets
- Replenish stock of toilet paper in bathrooms

APPOINTMENTS

8:00 _____

9:00 _____

10:00 _____

11:00 _____

12:00 _____

1:00 _____

2:00 _____

3:00 _____

4:00 _____

5:00 _____

6:00 _____

7:00 _____

8:00 _____

NOTES