

January 3 - January 9, 2010

DAILY CHORES

Make beds

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Feed pets

-

Load/Run/Empty dishwasher

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Sweep kitchen & entryway

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Clean kitchen sink

-

Clear/Wipe kitchen counters

-

Plan / Cook dinner

-

Wipe out bathroom sinks

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Empty trash

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Do laundry

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Read to children

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Exercise

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Quiet time

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Take vitamins/medication

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Prepare tomorrow's clothing

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Sunday 3

- Cut/sort/file coupons
- Pamper yourself
- Make shopping/errand list

Monday 4

- Change dishcloth/towel
- Change hand towels in bathrooms
- Clean middle shelf of refrigerator
- Inventory refrigerator contents and plan meals around leftovers
- Vacuum main/public rooms or 1st floor
- Vacuum furniture in family/living room
- Clean toilets
- Replenish stock of toilet paper in bathrooms

Tuesday 5

- Clean bathroom mirrors
- Clean light fixture - bathrooms
- Clean out purse/wallet
- Pay/File bills
- Dust hallways/entryway
- Clean toaster (wipe out crumb tray)

Wednesday 6

- Change dishcloth/towel
- Change hand towels in bathrooms
- Dust children's/guest room(s)
- Clip children's nails
- Clean computer screen and mouse
- Spend time working on basement/attic or storage space

Thursday 7

- Mop kitchen
- Clean stove (outside & top)
- Dust family/living room
- Scrub faucets (take off knobs if possible)
- Plan for gifts or cards for February occasions
- Work on baby book/scrap book/photo album

Friday 8

- Change dishcloth/towel
- Change hand towels in bathrooms
- Change sheets - children's room(s)
- Sweep porch
- Do a quick tidy/put away in each room of the house
- Spend time on a craft/hobby

Saturday 9

- Water indoor plants