



June 29 - July 5, 2014

Sunday 29

DAILY CHORES

Make beds

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Feed pets

-

Load/Run/Empty dishwasher

-

Sweep kitchen & entryway

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Clean kitchen sink

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Change dishcloth/towel

-

Clear/Wipe kitchen counters

-

Plan/Cook dinner

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Wipe out bathroom sinks

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Empty trash

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Do laundry

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Read to children

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Exercise

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Quiet time

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Take vitamins/medication

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Prepare tomorrow's clothing

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Monday 30

- Clean top shelf of refrigerator
- Inventory refrigerator contents and plan meals around leftovers
- Clean toilets
- Replenish stock of toilet paper in bathrooms
- De-clutter/organize top of dresser(s) - master bedroom
- Vacuum main/public rooms or 1st floor
- Clean telephones

Tuesday 1

- Change hand towels in bathrooms
- Clean bathroom mirrors
- Clean bathtubs and shower
- Vacuum bedrooms or 2nd floor
- Clean out purse/wallet
- Go through coupons, dispose of expired ones

Wednesday 2

- Clean out one kitchen drawer
- Clean light fixture - bathrooms
- Clean/wash hairbrushes & combs
- Dust master bedroom
- De-clutter/organize night stands - children's/guest room(s)
- Wash walls - dining room
- Clip children's nails

Thursday 3

- Clean microwave - inside and out
- Mop kitchen
- Change hand towels in bathrooms
- Clean computer screen and mouse
- Change a/c or furnace filter

Friday 4

- Clean dishwasher door
- Check/refill liquid soap dispensers
- Change sheets - master bedroom
- Straighten master bedroom closet
- Dust dining/breakfast room(s)
- Do a quick tidy/put away in each room of the house
- Sweep porch
- Spend time on a craft/hobby

Saturday 5

- Change hand towels in bathrooms
- Water indoor plants