

# October 1, 2015

## DAILY CHORES

- Make beds
- Feed pets
- Load/Run/Empty dishwasher
- Sweep kitchen & entryway
- Clean kitchen sink
- Change dishcloth/towel
- Clear/Wipe kitchen counters
- Plan/Cook dinner
- Wipe out bathroom sinks
- Empty trash
- Do laundry
- Read to children
- Exercise
- Quiet time
- Take vitamins/medication
- Prepare tomorrow's clothing
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Today's Menu Plan

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## Thursday 1

- Mop kitchen
- Clean/wash hairbrushes & combs
- Straighten master bedroom closet
- Dust family/living room
- Change a/c or furnace filter
- Clean out vehicle(s)
- Go through coupons, dispose of expired ones

## APPOINTMENTS

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

## NOTES